Laugh It Up!

Finding Connection Through Memories

Directions: Print or take a screenshot of this worksheet. Answer the questions and then text or send some snail mail to the person who makes your life shine.

Post a picture of yourself with someone who can make you laugh until you cry:

We first met in _____ **at** _____

A memory we share that makes me laugh the most is _____

Next time I see them I hope we can _____

Share your memories and gratitude with your person!

The MIGHTY