

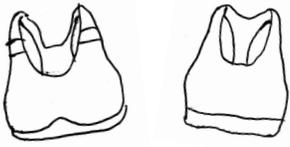
# Fashion FYI

A style guide for people living with HS

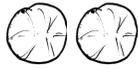


## Give It a Try

Not sure where to start? Give these HS-friendly wardrobe choices a go.



Sports bras



Breast pads



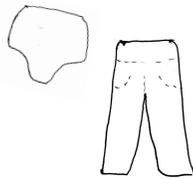
Tanks with built-in bras



Laser-cut underwear  
(no elastic band)



Loose boxers



High waistlines



Loose clothing  
that doesn't rub



Breathable fabric



## Eh, You Can Pass

Many people with HS find it best to pass on these fashion choices.



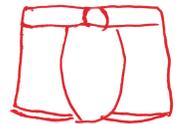
Tight elastic



Thin straps and metal wires



Tights and leggings



Tight or restrictive clothing

## HS-Friendly Fabrics



Bamboo



Nylon



Moisture-wicking



Cotton



Wool



Polyester

## HS-Specific Brands



REDEFINING PATIENT LED WOUND CARE